



Encourage,
Empower, and Equip
God's people
to Live Everyday
in Freedom

Our Mission

The mission of L.I.F.E. Ministries International is to encourage, empower and equip God's people to live everyday in sexual integrity.

We are a Christ-centered international ministry operating through the local church to help bring freedom to Christians who have a desire to abstain from sinful behavior.

Dear Friend,

Sexual dysfunction is a common cancer within today's churches and society. The Christian community is certainly not exempt from unhealthy and unscriptural sexual behaviors such as pornography, compulsive masturbation and adultery. With sixty to ninety percent of Christian men affected, a significant number of Christian women also affected, and one-third to one-half of Christian Pastors involved with online pornography, the time has come for action to stop the enemy's impact on the lives of God's people in our communities.

Many Christian men and women feel unable to fully participate in their church and community until they are free from this bondage, due to guilt and shame. The statistics show that this problem exists in your church whether you recognize it or not. L.I.F.E. Ministries provides an opportunity for you to be a part of the solution, without putting the organizational burden directly on you. Please prayerfully consider whether you and your church or ministry should join in our efforts to provide God's people with the resources and relationships to face these destructive behaviors.

In the pages that follow you will find information about the nature and extent of this pervasive problem, plus more details about the L.I.F.E. Ministries program. If you need any additional information, please visit www.freedomeveryday.org, email us at info@freedomeveryday.org, or contact us at (866) 408-LIFE (5433).

We are committed to helping God's children because freedom is for everyone.

In His Unfailing Love,



Johna Hale,
Executive Director

60% to 90%
of Christian
Men
are
affected

About L.I.F.E. Ministries

L.I.F.E. Ministries International is dedicated to encouraging, empowering, and equipping God's people to live every day in sexual integrity. L.I.F.E., Living in Freedom Everyday, works with church and ministry leadership to offer a safe place for those who struggle to confront what is often referred to as "the secret sin."

We offer Christ-centered and relationally oriented support groups that incorporate spiritual discipline, small group accountability, and ongoing prayer and support to those affected by sexual brokenness. We also provide top quality recovery materials, written and edited by acclaimed expert Dr. Mark Laaser, which are dedicated to helping men, women, spouses, and teens in recovery from sexual addictions.

Restoring Sexual Integrity - One Person at a Time

Statement of Faith

L.I.F.E. Ministries International believes that the Scriptures of the Old and New Testaments are completely inspired by God and should be the single authority for instructions in healthy and godly living.

We believe in one God who exists in three persons - the Father, the Son, and the Holy Spirit.

We believe that Jesus Christ is the only begotten Son of the Father, and that He was conceived by the Holy Spirit, born of the Virgin Mary, and lived a sinless life. He was crucified and buried and rose from the dead to sit at the right hand of the Father. He will come again to the earth in power and glory.

We believe that only through true faith in Jesus Christ as Savior and Lord can a person enter the Kingdom of heaven.

We believe that God's Holy Spirit empowers us to grow closer to our Heavenly Father and to obediently walk in His will.

4,200,000
- the number of
pornographic
websites
on the internet

Average
Age
of 1st
Exposure to
Pornography:
11 years old

Stewardship of Finances

L.I.F.E. Ministries International is committed to operating within the highest standards of financial integrity and accountability.

We are dedicated to dealing honestly and fairly with other organizations; properly recording and presenting all transactions, making our financial statements available, as appropriate, and being faithful stewards of all that God entrusts to us.

We encourage all patrons to tithe to their local church before making any contributions to L.I.F.E. Ministries.

We pledge to be wise in our planning and diligent in our spending.

President Bob Hale

Bob Hale is cofounder and President of L.I.F.E. Ministries. In this role, Bob draws from more than two decades of ministry experience to provide executive leadership, business management, and strategic direction. In addition to his position at L.I.F.E. Ministries, Bob serves as President of Living Water Ministries, a Christian prayer counseling ministry operating in churches in the Central Florida community.

Bob holds a Masters in Business Administration from Auburn University and dual Bachelor of Science degrees in Aeronautical Engineering and in Business Management. In addition, Bob served in the U.S. Air Force for 24 years in strategic missile and space development programs and retired in 1985 with the rank of colonel.

Bob has been active in Promise Keepers for a number of years, and was recognized as an Ambassador within the Promise Keepers organization. He previously led the men's ministry program at Orlando-based Calvary Assembly of God and has been involved in the Financial Freedom Ministry at Discovery Church.



Hundreds of people
have overcome their
sexual addiction
through L.I.F.E. Ministries,
and a growing number of them
now lead recovery groups
for others.

Almost as many
Christian women
as men struggle
with some sort of
sexual brokenness.

- Marnie Ferree
author of No Stones

Executive Director Johna Hale

Johna Hale is cofounder and Executive Director of L.I.F.E. Ministries. In this role, she directs the day-to-day activities and operations of the ministry, as well as the recruiting of group leaders.

Having been involved in Christ-centered ministries since 1978, Johna had struggled in sexual addiction herself prior to that time, to the point she felt she had to leave the church in shame for several years. As a result, she has a passion to provide a safe place within the Christian community for others facing the same struggle.

Johna holds a Masters in Public Administration and a Bachelor of Arts in Human Relations and Speech Communication, both from the University of Kansas, plus an MA in Clinical Pastoral Counseling from Cornerstone University.

An Ordained Minister in Counseling, Johna is trained in the Biblical Confrontation Course in Counseling and has done extensive work in Bowen Family Systems. Johna is a member of the National Christian Counselors Association and the American Association of Christian Counselors.

What can I do?

If you think that you may be **dealing with sexual integrity issues**, visit our website at www.freedomeveryday.org and click on First Visit. You will be taken to a special section of our website to help you explore if you have a problem. Our online Exploration Process will anonymously guide you through a self-test, tell you about our resources, and help connect you to a support group in your area! If you do not have access to a computer, you can call our 24 Hour Pre-Recorded Helpline at (866) 408-LIFE and learn more about sexual addiction and our ministry.

If you are an individual or ministry leader **concerned about this issue**, you can:

- Having your church publish information about a local group in the weekly Bulletin. Find a local group by visiting our website and clicking Find a Group. Meet the group leader and obtain permission before having contact information published in your church Bulletin.

- o L.I.F.E. Ministries—providing help for sexual integrity issues. Contact John T. for local meeting information at 555-5555.

- Having your church publish our 24 Hour Pre-Recorded Helpline so that members of your church have a safe place to learn more.

- o L.I.F.E. Ministries—providing help for sexual integrity issues. 24 Hour Pre-Recorded Information Helpline – (866) 408-LIFE or visit www.freedomeveryday.org.

- You can start a L.I.F.E. group at your church. Please refer to the "How to Start a L.I.F.E. Group" page in this booklet for more information.

- Financially support L.I.F.E. Ministries' mission with a one-time or monthly tax deductible contribution. Visit www.freedomeveryday.org/donations for more information including L.I.F.E. Partner's benefits.

Sexual Addiction
is rapidly
becoming recognized
as a
major
social problem.

Endorsements

Dear Christian Brothers and Sisters:

I pray that you will find great benefit from L.I.F.E. Ministries web site. If you're reading this you may be one of the countless people around the world who struggle with sexual lust and temptation or have a loved one who does. You've tried many things to get through this and you're discouraged and tired.

I'm excited to be a part of this ministry that has a real heart for helping people just like you. We believe that God's greatest healing power is manifested in the fellowship of others who struggle with the same issues. In fact, one of my most basic principles is that fellowship with other Christians is equal to freedom from lust. The reason for this is that the feelings of loneliness and isolation are the greatest contributors to sexual sin. God calls us together to minister to each other and to be accountable to each other in community.

L.I.F.E. Ministries' mission is that you be able to find this kind of fellowship in the local church. The local church should be the place where we feel safe to get honest about our stories and to find God's grace and forgiveness. Too often, however, we have felt afraid to be honest at church. L.I.F.E. Groups are bringing safety back. We hope that our materials for men, women, spouses, and young people will be sources of hope, strength, and encouragement to you.

I encourage you to find a L.I.F.E. Group as soon as possible. Be of good courage. Get honest. Stop being alone. If you can't find a group in your area, let us help you start one. We will be providing resources to do so. If you can find at least one other person who struggles like you do, you have a group.

Remember that nothing separates us from the love of Christ. As Paul also reminds us, there is no sin, including sexual sin, that is not common to man. Sobriety is possible. Restoration of marriages is possible. The journey can be long. The ups and the downs can be tiring. With help, we can find a new peace and serenity. Living in Freedom Everyday is possible. God bless you.



Mark Laaser
PhD, CAS

Living in
Freedom
Everyday

“...broken
lives
put back
together...”

Clark Whitton
Senior Pastor
Calvary Assembly of God, Winter Park, Florida

This letter is to recommend L.I.F.E. ministries International. Johna Hale and members of her team have ministered to numbers of people here at Calvary Assembly of God with great success. L.I.F.E. support groups are held here at Calvary on a regular basis. There are so many good reports of people's lives being dramatically changed through L.I.F.E.

To see broken lives put back together through this ministry is a testimonial of God's approval. I highly recommend (Living In Freedom Everyday) L.I.F.E. Ministries International.

Erling Smedvig
Director
Willow Creek Community Church, South Barrington, Illinois

We were privileged to be a pilot program for use of the L.I.F.E. Guide for Men for a period of six months before its initial publication. We are excited to have the guides for Women and Spouses too; they are great resources and continue to be instrumental in bringing recovery and sexual integrity to the people in our groups. We use the L.I.F.E. Guides exclusively here at Willow Creek and recommend the L.I.F.E. Ministries program highly.

Larry Booth
Pastor
Our Father's House, Melbourne, Florida

As a pastor, I am grateful for L.I.F.E. Ministries and count it a real joy and privilege to support them in our monthly mission budget and to equip our leadership team to offer small groups and support for those who are struggling with sexual addiction.

How to begin

1. Introduce L.I.F.E. Ministries and our mission to the appropriate church leader and to the church leadership. Emphasize and expose the tremendous needs for these groups within the church at large. Explain how L.I.F.E. Groups function and introduce the L.I.F.E. Guide materials.

This Presentation Package is intended to facilitate that explanation, and there is additional information available on the website.

2. Choose the individual in church leadership who will have spiritual oversight of the operation of the L.I.F.E. Group(s). The spiritual oversight person, an assistant pastor or appropriate staff member will have the overall responsibility for overseeing the L.I.F.E. group(s) within the church.

3. Select and train the initial small group facilitator(s). Possible candidates should be godly, teachable, and have a heart for those struggling with sexual integrity and its effects upon the family.

They could be people who have been involved in other support groups, a pastor, or another church leader. The facilitators should have a strong calling to serve their fellow believers.

Additional coaching and assistance from experienced L.I.F.E. Group facilitators is available, but they will also need to study the L.I.F.E. Guide for themselves.

The small group facilitator(s) will need to regularly communicate the progress of the group with the church leadership. Any communication must maintain the complete confidentiality of the group participants.

4. Conduct the planning session. Each church has its own vision and organizational structure. The planning session for the church leadership is to determine how to best implement the L.I.F.E. Group(s) into your own structure.

A L.I.F.E. Group can start with as few as two people who have expressed the need to get help for the struggle with sexual integrity and who are willing to meet together and start the healing process, using the L.I.F.E. Guide.

5. Spread the word. The strategy of presenting L.I.F.E. Ministries to the church could include:

The senior pastor addressing the problem of sexual immorality from the pulpit, presenting the opportunity for your church to be a part of the solution within the congregation and the community, and a source of help to those struggling.

Announcing the availability of the L.I.F.E. Group(s) in the weekly bulletin. Include a description of L.I.F.E. Ministries Mission Statement.

If your church has a newsletter, asking someone who had been in a L.I.F.E. Group to write an article describing the impact this has had on his/her life, or asking the senior pastor to write a recommendation. If you are a registered "Partner" with L.I.F.E., you can contact L.I.F.E. Ministries for available articles and testimonials.

Making announcements or having testimonials given at women's and men's ministries and retreats, Sunday school classes, or small group Bible studies. (Personal testimonials are always a powerful tool in any of these strategies).

6. Commitments your church will need to make:

- Secure a private place to meet that is free of distractions.
- Offer regularly scheduled, weekly meetings.
- Allow two hours for each meeting.
- Adhere to the 'meeting guide outline' in the L.I.F.E. Guide.
- Ensure all groups are gender-specific.
- Uphold your financial commitment to L.I.F.E. Ministries.

Encourage, Empower,
and Equip God's people
to Live Everyday
in Sexual Integrity.

Resources

L.I.F.E. Guide Series of Sexual Integrity Workbooks

Under the supervision of Dr. Mark Laaser, the foremost Christian expert on sexual addiction recovery, the L.I.F.E. Guide series of workbooks is created and frequently revised with the latest in sexual addiction recovery methods. At the time of printing, we offer:

- L.I.F.E. Guide for Men
- L.I.F.E. Guide for Women
- L.I.F.E. Guide for Spouses
- L.I.F.E. Guide for Young Men
- L.I.F.E. Guide for Young Women

Orientation Guide for Men



Learn more about sexual addiction and yourself with this 101-style Orientation Guide. This 4 week course introduces sexual addiction, helps the reader to explore whether or not he has a problem, familiarizes the reader with the L.I.F.E. group and the group process, and begins the journey to sexual integrity.

“...a must-have
in the arsenal
to fight the good fight
and gain the victory.”

- Eli Machen
LCSW, CCSW

CDs and DVDs

We offer several multimedia presentations for education and in-group study. Presenters include Dr. Mark Laaser and Richard Blankenship, M.A.

Facilitator's Guide for Men



This expandable binder contains a weekly lesson that parallels the L.I.F.E. Guide for Men making group facilitation easier for novice and advanced facilitators alike. This Guide also contains a CD-ROM with forms, handouts, and other useful documents.

For More Information or to Order ... visit

www.freedomeveryday.org/resources or call L.I.F.E. Headquarters at (866) 408-LIFE.

Donations

Yes, I/we would like to financially help L.I.F.E. in this important work to encourage, empower, and equip God's people to live in sexual integrity.

Name: _____

Group/Church/Ministry: _____

Address: _____

Monthly Contribution Amount:

- \$ 20 monthly (Individual L.I.F.E. Partner)
 \$ 30 monthly (Upgraded Individual L.I.F.E. Partner)
 \$ 50 monthly (Ministry Partner)
 \$ 70 monthly (Upgraded Ministry Partner)
Other: \$ _____

One-time/Annual Donation:

- \$ 200 (individual L.I.F.E. Partner)
 \$ 300 (Upgraded Individual L.I.F.E. Partner)
 \$ 500 (Ministry Partner)
 \$ 700 (Upgraded Ministry Partner)
Other: \$ _____

I understand that if I am making a Monthly Contribution by Credit Card, my card will automatically be deducted each month.

Credit Card #: _____

Exp Date: ____ / ____

Signature: _____

Return this form and check (if applicable) to:

L.I.F.E. Ministries
Post Office Box 952317
Lake Mary, FL 32795

OR

visit www.freedomeveryday.org/donations

**This Page Intentionally
Left Blank**

**The hard-copy version of this
Presentation Package, with
“Introduction to L.I.F.E.
Ministries” DVD is available
for a \$5 tax-deductible
donation. Please call (866)
408-LIFE to get yours.**

Your
"Introduction to L.I.F.E. Ministries"
DVD



P.O. Box 952317

Lake Mary, FL 32795

Ph: 866-406-LIFE

Email: info@freedomeveryday.org

www.freedomeveryday.org

Here is the information
you requested!